



Free SEND Curriculum includes:

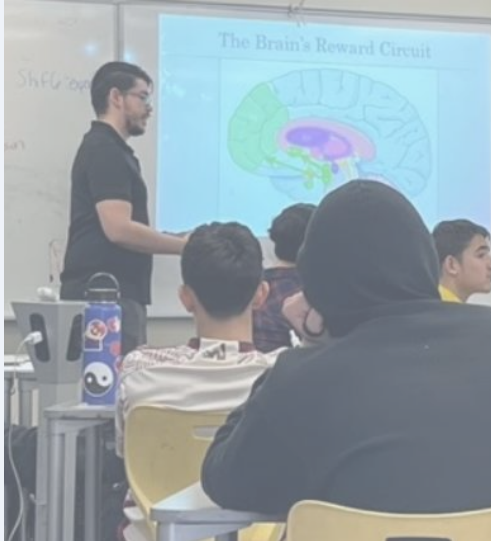
1. Lesson modules for classroom.
2. Parent-Teacher-Counselor Workshop with school staff & CNSF neuroscientist

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**The SEND Curriculum:
Social & Emotional Neurodevelopment**

For school-aged children and adolescents, their parents and their teachers

The SEND Curriculum is designed to provide elementary, middle and high school students with an understanding of fundamental neuroscience principles and the brain's role in emotions, behavior, and social interactions.

Our goal is to assist students in developing positive attitudes toward mental health, acquiring more general knowledge about their brains, gaining the insights needed to make informed decisions about their mental well-being, and growing their resilience to stress. The curriculum is tailored to suit the needs of each age group and includes interactive activities at each level.



In addition to 1. the lesson modules for teachers at each level, we offer 2. an in-person or virtual parent-teacher-counselor

workshop in which we explore the neurobiology underlying development at the high school levels and behaviors at these levels in terms of how to support positive growth and to identify possible red flags.



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workshop in which we explore first the neurobiology underlying development at the high school levels and behaviors at these levels in terms of how to support positive growth and to identify possible red flags.

There will be time for questions from the audience. It is recommended that a school mental health professional team with a CNSF neuroscientist for this workshop (via Zoom or Teams if >50 miles from Tucson.)

www.eachbrainmatters.org for more information

1. Framework for the SEND Curriculum at each school level.

S

Social

Elementary

Module 3: Social connection & empathy

Middle

Module 3: The adolescent brain

High School

Module 3: Attention & learning

Module 4: The Adolescent brain

Module 5: Substance use & addiction

E

Emotional

Module 2: Emotional acknowledgement & management

Module 1: Stress

Module 3: The adolescent brain

Module 1: Stress

Module 3: Attention & learning

Module 4: The Adolescent brain

Module 5: Substance use & addiction

ND

Neuro-Developmental

Module 1: Brain basics

Module 4: Brain health

Module 2: Brain basics

Module 3: The Adolescent brain

Module 4: Brain Health

Module 2: Brain Basics

Module 3: Attention and learning

Module 5: Substance Use & addiction

Module 6: Brain Health

Click on *SEND Curriculum* at <https://www.eachbrainmatters.org/> for information and registration.

The Center for Neurosciences Foundation is a non-profit that provides this curriculum for classroom use without charge, consistent with Our VISION: Empower everyone to optimize the development and functioning of their brain and nervous system to the peak of their potential throughout their lifetime.